



KAASH KONNECT

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AN INITIATIVE BY



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DR. AVKASH JADHAV'S VISIT TO THE STATE OF ISRAEL

by Tirtha Samant

"Peace is not just the absence of conflict; peace is the creation of an environment where all can flourish regardless of race, colour, creed, religion, gender, class, caste or any other social markers of difference."

- Ronald Reagan

Dr. Avkash Jadhav, Founder, Director, KAASH Foundation Mumbai, was invited by the State of Israel and The Embassy of Israel in India for a Special Delegation of Vice Chancellors and Prominent Academicians held in Israel from July 21-25, 2024. This five-day visit aimed to explore education techniques in Israel, promote academic ties, visit Universities of Israel and explore Innovation in education.

Day 01 (22 July 2024) :

The first day of Dr. Avkash's visit started with a small briefing. This was followed by a visit to the place where the Attack of 7th October, 2023 by Hamas in Israel took place. The site has remains of all the Cars, vehicles and Ambulance which were either set on fire, or showered with bullets or were blasted by Hamas. There were detailed descriptions about the vehicles and the casualties. One could also witness an ambulance which was attacked by the terrorist where no one had escaped alive. All vehicles had smashed windshields, big pierced holes of the bullets, some were charred to the core and others stained with blood. In some cases, the people in the vehicles

INDO-ISRAEL INITIATIVE

THE STATE OF ISRAEL AND THE EMBASSY OF ISRAEL IN INDIA

Welcomes

DR. AVKASH JADHAV

From Mumbai, India

As a Member of the
SPECIAL DELEGATION OF VICE-CHANCELLORS AND PROMINENT ACADEMICIANS TO ISRAEL FROM INDIA

July 21 - 25, 2024

The five-day visit aims to explore educational techniques in Israel, promote academic ties, visit universities in Israel, and explore innovation in education.

Supported by the Ministry of Foreign Affairs, Israel



Day 1 - 22nd July 2024



Dr. Jadhav felicitating Mr. Dan G. Blumberg, Vice-President, Ben Gurion University with a token of appreciation



were burnt to ashes and their DNA samples were collected from the remains to identify them and accordingly last rites were performed.

The second site visit was just 4 km away from the Gaza border. This was the actual site where the brutal attack of October 7, 2023 took place. The delegation's escort was a local resident and victim of the 7 Oct 23 attack. His own family was displaced and his duplex was razed down to ashes. It was the place where almost 100 people were killed. More than 20 communities were hit, killing 1200 people in a single day. The attack was on the community spaces or the Commune or locally called Kibbutz. The social mechanism of Kibbutz is that people from all walks of life come together and they not only share the spaces, but surrender their earnings to the Kibbutz. There is no private property concept and everyone lives in harmony. The site visited had around 1000 people in the house. The terrorists entered these community spaces and randomly opened fire, torched their houses, brutally assaulted young, old and children. Many lives were lost and many houses were torched down. The Kibbutz has retained many houses just the way it is from 7th October 2023 to date. Details of the family members who lost their lives have been displayed. Many members from this Kibbutz were also taken as hostages. In fact the person who was showing us around, his own house was burnt down and his family somehow managed to escape the brutal attack on that day as they hid themselves in the specially designed Secured space (a space in almost all the houses in Israel) of their house. The terrorist razed down his house and flamed the furniture. Many such houses were visited and were a representation of the brutality of the attack and its impact.

Later, the delegation visited the prestigious University of Ben Gurion named after the First Prime Minister of Israel. It is in the South of Israel in Be'er Sheva. They met the Vice President of the University Mr. Dan G Blumberg, who is a space scientist and specializes in Aeronautics and Satellites. He explained with details about the University. His session was followed by Dr. Shimon Barak from the Jacob Blaustein Institute for Desert Research and Dr. Sigal, a geologist. They explained the possible potential of having academic collaborations in various fields. The most interesting part is the



The Car Park area, close to the border of Gaza. The site houses the remains of all cars, vehicles, and ambulances, which were either set on fire, showered with bullets, or blasted by Hamas on 7th October 2023.



Dr. Avkash Jadhav, Founder-Trustee, KAASH Foundation, with Mr. Adam Ittah, the escort Israeli Officer at the Car Park area



Mr. Omri Kedem giving the delegates a tour of the local commune of Kibbutz Be'eri, situated around 4 kms away from the border of Gaza. The site was attacked by Hamas on 7th October 2023. Photos of people featured here unfortunately did not survive the attack. Mr. Kedem and his family are themselves victims of the brutal attack.



Dr. Avkash Jadhav seated with the delegates for a panel discussion at the Ben Gurion University in Be'er Sheva, Israel



A group photograph of the delegates at the Ben Gurion University

students who pursue their PhD or Postdoc in this University get full tuition waiver and scholarships or stipends. The campus was indeed well designed and has also admitted many Indian students with whom we later on interacted. All their fields of research and especially in Philosophy, Social Sciences and Law were equally impressive. Dr. Avkash was able to meet Dr. Menashi from the history department and discussed the possibilities of some research proposals.

Day 02 (23 July 2024):

On the second day, the delegation drove

towards Jerusalem, the Holy city. They had a meeting with the Indo-Israel Trade and Chamber. Ms. Anat. Bernstein is the Vice President and looks after the Indo-Israel trade operations for more than two decades and who has been following on various projects in India and closely assisting various entrepreneurs in India and Israel to collaborate. Her own firm IBDO encourages various startups. She gave a wonderful presentation with some old photos of our Hon. Prime Minister Shri. Narendra Modi, almost 16 yrs old. It was a meeting which indeed made the delegation feel proud and

more connected to the industries in Israel. The well known drip irrigation initiative in India is a collaboration of companies from Israel. There are many more collaborations in the field of Food and agriculture.

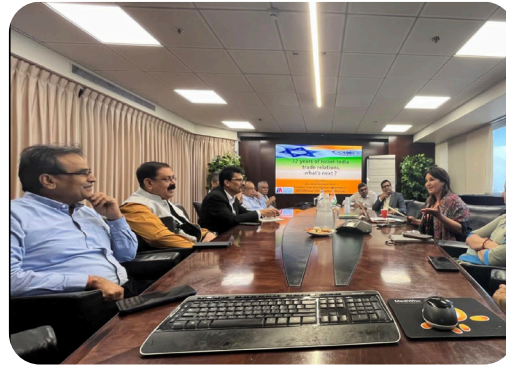
The next visit was to the meticulously crafted Museum on Holocaust. This museum, in fact, takes us through the trail of the era of Holocaust and the atrocities committed on Jews in Europe during 1935 to 1944. The highest number of Jews during that time were eliminated in Poland. It also had a display of the art of propaganda of Hitler, the details of the entire administrative and professional machinery which was involved to eliminate the Jews, the different anecdotes of survivors, the remains of the Jews after their annihilation - like shoes, documents, bags, photos etc. The museum also had a replica of the Auschwitz camp of Poland. The documentation along with various verified facts has become the testimony of the Final Solution of Hitler.

The next visit was the Nova ground where 364 were gunned down. The people who had come to enjoy the Nova festival on 7 October, 2023 and ended up facing a very brutal attack on them. The place now has become a memorial ground, dedicated to the people who lost their lives and were taken as hostages. The family members have now posted their photos and regularly light candles on the site.

The next visit was to one of the oldest Universities of Israel - Hebrew University. The university boasts of Five Nobel prize winners. Some of the stalwarts of this university are Albert Einstein and Sigmund Freud. The engagement and discussion with Dr. Naomi and Dr. Michal Goldberg helped understand the courses they offer and their contribution in the field of research. It was interesting to know that they also have a program on Digital Humanities. The visit to the Archives of Albert Einstein in the campus was proof that Albert Einstein had personally known many Indians, mainly Gurudev Rabindranath Tagore, Jawaharlal Nehru and he was equally an admirer of Mahatma Gandhi. The archives are located on the campus of Hebrew University and with free access to all.

The next stop was to visit the Holy city of God. The place where Jesus Christ was crucified and had final resurrection. The place where Lord Jesus Christ was crucified, the stone slab where the Cross was poled,

Day 2 - 23rd July 2024



Delegates in a panel discussion with Adv. Anat Bernstein-Reich, President of the Israel-Asia Chamber of Commerce, Jerusalem, Israel



Dr. Jadhav with Adv. Anat Bernstein-Reich



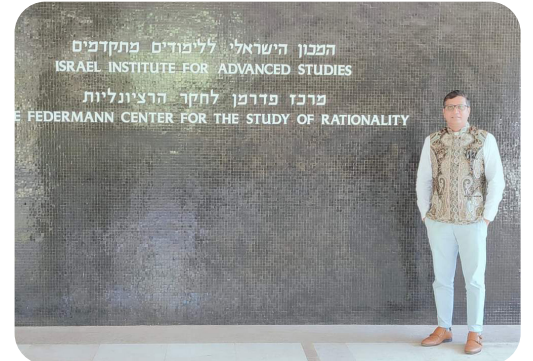
Delegates at Yad Vashem: The World Holocaust Remembrance Center in Jerusalem, Israel



The ground where around 364 people attending the Nova Music Festival were gunned down by Hamas on 7th October 2023



Dr. Jadhav with Dr. Naomi and Dr. Michal Goldberg at the Hebrew University of Jerusalem



Dr. Jadhav at the Federmann Center for the Study of Rationality



Delegates at the Old City of Jerusalem

the broken slab of resurrection, various old paintings etc, all those connected to the Lord are indeed very well maintained and open for visitors and worshippers from

around the world. We finally went to the famous Western Wall. The wall has a very significant position for people who have faith in the almighty.

Day 03 (24 July 2024):

The delegation was invited on the third day to the Ministry of Foreign Affairs office where it met the Asia Pacific Coordinators and Officers overlooking the Indo-Israel relationship. Inputs about different sectors where the countries are coordinating and exchanging ideas for development were given.

Post lunch session included visiting the famous Technion University, which is the epicenter of various breakthrough research in the field of agriculture, sci-fi experiments, using the technology for the aid of mankind, aerospace, humanities and various facets of unconventional discoveries. The university has a wide spread campus overlooking the sea and is supposedly taking good care of their students.

The last leg of the day was a heritage walk of the New and old Haifa City. They toured around the Baha'i temple which is an architectural marvel, a wide view of the Mediterranean sea overlooking its largest port (which interestingly is under the Adani group of India positioning 60% of the claim of the port), a large iron canon overlooking the sea with a commemorative for King Kaiser Wilhelm II of Germany, etc.

The final schedule was to visit the Memorial in Haifa dedicated to Indian soldiers. The record at the memorial states that 29 soldiers of the Indian army are buried in this cemetery, who fought during World War I. They belonged to the 97th Deccan Infantry, 121st Pioneers Sepoys, 29th Lancers Deccan Horses and First Duke of York Own Horses, Skinners Horse. It was a matter of great pride to visit this site which is very well maintained by the government of Israel and also displays our long standing association with this country. The day ended with a drive back to Tel Aviv.

Day 04 (25 July 2024):

The final day of the tour started with an academic visit to the Tel Aviv University (TAU). The delegation was greeted by Mr. Konstantin Platonov and Dr. Milette Shamir at the University. The elaborate discussions made the delegation realize that the potential of higher education is immense in Israel. Their academic track record was really impressive. Dr. Avkash then bid farewell to all the group members as he had to take his flight from Tel Aviv airport Terminal 2 at 4.00 pm.

Day 3 - 24th July 2024



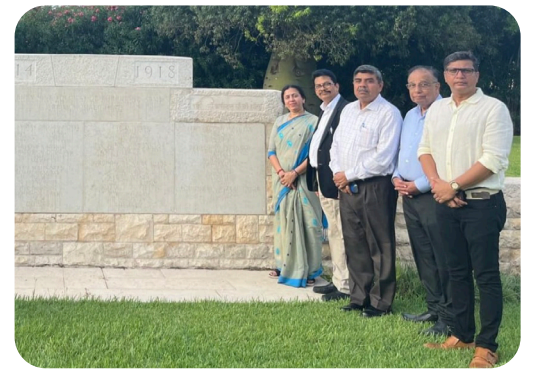
Dr. Jadhav with Ms. Indira Sharma, Public Diplomacy Officer, at the State of Israel's Ministry of Foreign Affairs, Jerusalem



Dr. Jadhav with Mr. Nitzan at the Technion - Israel Institute of Technology in Haifa, Israel



Dr. Jadhav handing over a token of appreciation to a professor at the Technion - Israel Institute of Technology



Delegates at the War Memorial in Haifa. The memorial commemorates the soldiers of the British Indian Army killed during the First World War.

Day 4 - 25th July 2024



Dr. Jadhav with fellow delegates outside the Itzhak Alfred Guttman Administration Building at Tel Aviv University in Israel



Dr. Jadhav sharing his feedback and insights at the University



Dr. Jadhav handing over a token of appreciation to Dr. Milette Shamir and Mr. Konstantin Platonov at the University

Dr. Avkash Jadhav, while reflecting on his visit to Israel, states, "India and Israel have many things in common, our cultural ties, academic collaborations, exchange of engineering and technological resources

and lastly our common ground of opposition to the acts of terrorism require us to strengthen this relationship further. The youth today need more books in their hands, rather than weapons of destruction.

I equally pray that this ongoing war between Israel and Palestine, should end and let there be more deliberations about peace. Both the regions need peace and co-existence as the essential element for sustainable survival."

Disclaimer: Dr. Jadhav's visit to the State of Israel was only for scholarly purposes and does not reflect his personal or the Foundation's opinion of the ongoing Israel-Palestine conflict. We only wish for the conflict to end and for peace to reign on both sides.

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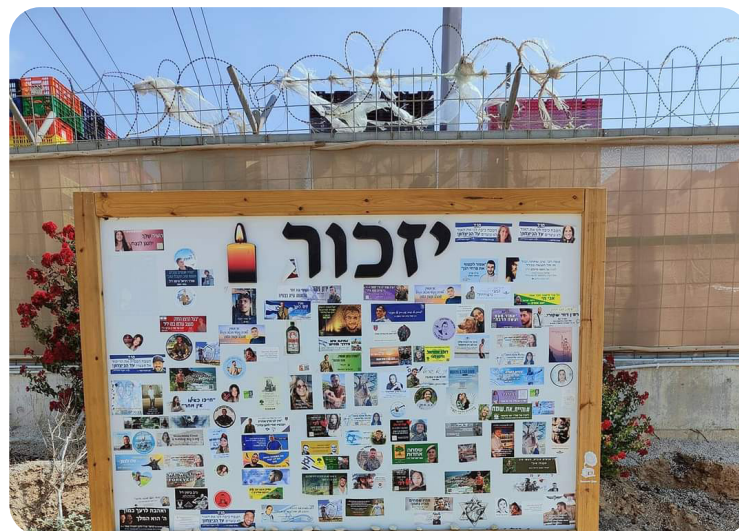
*The strength of a civilization is not measured by its ability to fight wars,
but rather by its ability to prevent them.*

-Gene Roddenberry

”

PHOTO GALLERY

Some more glimpses of the Car Park area



Some more glimpses of Kibbutz Be'eri



EDITOR'S DESK



Promises are meant to be kept. Fulfilling its promise, KAASH Foundation conducted a Sujok workshop for our senior citizens as this is one therapy that they can do themselves without medication. Our member expert in Sujok therapy patiently demonstrated and explained how they can practice this therapy even during many life-threatening situations.

It was also an honorable moment for our Founder, Dr Avkash Jadhav, to be invited to join the five-day Special Delegation of Vice-Chancellors and Prominent Academicians to Israel. It was an enlightening journey to see how the country of Israel, who despite the challenges of terrorism it faces every day, still fosters research and education, not just to its own citizens but also extends it to all its friendly countries. The horrors of the past has only strengthened their resolve to have more peace and inclusivity around the world.

Once again withing all my readers a Happy Reading!

FOUNDER'S DESK



If there is righteousness in the heart, there will be beauty in the character. If there is beauty in the character, there will be harmony in the home. If there is harmony in the home, there will be order in the nations. When there is order in the nations, there will be peace in the world.

-Confucius

The academic visit to literally a war zone area of Israel made me introspect on various aspects of existing conflicts in the world. Though the visit was purely academic in nature, it equally opened up avenues for deliberations on the necessity of education par excellence, which Israel as a country was promoting. In one of the addresses there, I emphasized the efforts for peace in our academia, else we would be just vociferous about the developmental destruction worldwide. Each nation has its own agenda and their diplomatic policies, but finally, we cannot ignore the relevance of humanism over identity politics. Our heartfelt prayers go for the victims of both the regions and we strongly pray that there should be more exchange of knowledge and books, rather than tools of destruction.

In this quarter, we also complete our five years of meaningful existence. As the Founder-Trustee, I would like to express my gratitude to my team members, our collaborators, our advisors, supporters, well wishers and to all those silent workers in the foundation. This long journey of five years was definitely not easy and we witnessed multiple challenges, like COVID-19, the online sessions, at times the paucity of funds, setting up the desired targets for our work and struggling to complete it, multiple hurdles in completing our work, etc. But in the end we all came out with flying colours. KAASH Foundation's phenomenal growth is due to the selfless and dedicated work of its members.

न ही कश्चित् विजानाति किं कस्य श्रो भविष्यति ।
अतः श्वः करणीयानि कुर्यादद्यैव बुद्धिमान् ॥

It means 'No one knows what is going to happen tomorrow. So doing all of tomorrow's tasks today is a signature of wise'.

I congratulate each and every member of our family and invite them for the celebration from 17th to 19th October, for the 19th International Conference on India: A Synthesis of Tradition and Modernity in collaboration with Jiwaji University, Gwalior, Madhya Pradesh. We need your good wishes and consistent faith in us in future as well.

KAASH KONNECT TEAM

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HEALTH AWARENESS SEMINAR FOR SENIOR CITIZENS

by Tirtha Samant

KAASH Foundation under its KAASH Swasthya Manthan, organised a Health Seminar on 2nd July 2024 at Rashtriya Shala Hall, Gandhi Chowk, Vile Parle from 04:00 pm to 05:00 pm. The esteemed speaker for the seminar was Mr. Alkesh Shah, Associate Joint Director (Health), KAASH Foundation. This seminar was organised on the request of the senior citizens who participated in the Foundation's previous seminar on 12th May, 2024. Since only a segment of the seminar was dedicated to Sujok therapy, the participants requested Mr. Alkesh Shah for a special seminar focused solely on Sujok. The participants on 2nd July were majorly middle-aged and senior citizens from VALDO.

Mr. Alkesh Shah began the session by introducing Sujok therapy and explaining how many health emergencies can be dealt with naturally without medication. Sujok therapy is a relatively lesser-known alternative healing practice originating from Korea. "Su" means hand and "Jok" means foot in Korean. This therapy is based on the principle that the hands and feet contain energy points corresponding to all organs and areas of the body.

For senior and middle-aged citizens, Mr Shah expounded how Sujok therapy can offer several potential benefits. It is non-invasive and can be used to address various health issues common in older adults,

such as joint pain, digestive problems, and circulatory issues. Practitioners claim it can help improve overall energy levels, reduce stress, and promote better sleep. He elucidated with demonstration, how the therapy involves stimulating specific points on the hands and feet using small objects, pressure, or heat, which may be particularly appealing to older adults looking for gentle, drug-free treatment options.

The seminar was widely applauded. The audience appreciated and thanked the efforts of Mr. Alkesh Shah and KAASH Foundation for organising this Health Awareness Seminar.



Mr. Alkesh Shah, Sujok Therapist and Associate Joint Director (Health), KAASH Foundation, conducting the special seminar on Sujok therapy



Participants at the seminar

“

Promise me you'll always remember: You're braver than you believe, and stronger than you seem, and smarter than you think.

-Christopher Robin from Winnie the Pooh

”

EMPOWERING YOUNG MINDS: A HEALTH AWARENESS SESSION

by Shreya Solomon

As Mahatma Gandhi once said, “Be the change you wish to see in the world.” Driven by this profound belief, Dr. Renuka Vyas, Director of the Health Vertical at Kaash, took part in an enlightening session as Naturopath Speaker on September 21, 2024. Hosted by the Stree Mandal organization in South Mumbai’s Sikanagar area at VP road, this event focused on fostering health and wellness among young girls aged 5 to 15. Stree Mandal, a non-profit dedicated to women’s empowerment, emphasizes upskilling women as a key to their progress, and this awareness session was a perfect reflection of their goals.

The talk, led by Dr. Vyas, centered on the importance of mental strength and its role as a vital life skill. Known for her expertise in holistic health, Dr. Vyas made sure her discussion was approachable and relatable for the young audience. She began by teaching the younger girls about essential elements of health, such as the significance of vitamins, a balanced diet, and the importance of staying hydrated. Recognizing the role parents play in a child’s lifestyle, Dr. Vyas also highlighted the value of proper parental guidance in promoting a healthier way of living.

One of the session’s most heartwarming moments came when a curious young girl asked, “Why can my parents eat things I can’t?” Dr. Vyas warmly welcomed the question, using it as an opportunity to explain the importance of nutritional differences between adults and children, offering a simple yet insightful answer that engaged the entire room.

As the discussion broadened, Dr. Vyas addressed the unique concerns of the older girls, particularly those entering puberty. She stressed the importance of physical health, regular exercise, proper breathing, and the practice of meditation to maintain mental balance. Recognizing the modern challenges these girls face, Dr. Vyas also discussed the effects of excessive gadget use, focusing on how it can impact their



Captivated by Knowledge – Young minds focused and fully immersed in the health talk



Discipline in Action – A heartwarming display of children sitting attentively in perfect order



Healthy Habits Matter – Dr. Renuka Vyas, Joint Director (Health), KAASH Foundation, explains the golden rule: 1 liter of water for every 20 kg, leaving the kids fascinated

overall well-being.

Interestingly, one recurring question that caught Dr. Vyas's attention was the girls' curiosity about hair health. Many young participants were eager to learn how to strengthen and lengthen their hair. She explained the importance of protein intake for hair growth and cautioned against excessive cheese consumption while emphasizing the benefits of lime water in their diet.

The true measure of a successful session is the engagement and interest of the audience, and this event was no exception. Initially planned for 45 minutes, the session stretched well beyond an hour and a half, as the girls' curiosity and enthusiasm kept the conversation alive. Pravin Behen, a member of Stree Mandal, remarked, "We didn't expect the children to sit for more than 30 minutes, but this session helped them grow as individuals."

In the end, the event was not just an awareness session, it was a celebration of learning, growth, and development. Dr. Vyas and Stree Mandal's initiative has paved the way for future collaborations, bringing Kaash closer to its vision of societal development and empowerment. With such initiatives, it becomes evident that the right guidance at the right time can truly shape a child's future for the better.



Curiosity in the Air – A panoramic view capturing Dr. Vyas engaging with inquisitive minds



Success and Smiles – Enthusiasm and determination radiate from the team as the event ends on a high note.

“

Make the most of yourself by fanning the tiny, inner sparks of possibility into flames of achievement.

-Golda Meir, first female prime minister of Israel

”

ROLL OF HONOUR

Our Deepest Gratitude to Ms. Anagha Acharya



We would like to express our deepest gratitude to **Ms. Anagha Acharya**, who has worked tirelessly behind the scenes to keep our website up and running for the past five years. Her diligence and perseverance ensure that the website is always up to date. She deserves a great round of applause!

Head to the website to know more about us: www.kaashfoundation.org

Congratulations to Dr. Rehan Ansari



Mr. Rehan Ansari, our Core Committee Member, was honoured with a special award by B.E.S.T. (NGO) for excellence in the educational domain at an exclusive felicitation ceremony held recently. He was also given an opportunity to share his valuable insights with prominent members of the society.

Kudos to him!

Congratulations to Ms. Pamela Dhonde



Ms. Pamela Dhonde, our Core Committee Member, has successfully completed certificate courses on Numismatics and Documentation & Digitization in Archives from the Varāhamihira Multidisciplinary Institute (a component of the Asiatic Society for Social Science Research, New Delhi), with distinction! Cheers to her!

Congratulations to Ms. Denisha Mehta



Congratulations to **Denisha Mehta**, daughter of Ms. Alpa Mehta, our Associate Joint Director (Health), for successfully completing her course on User Experience Design (B.Des) from MIT-ADT University, Pune, India. Here's a picture of Denisha at her convocation ceremony!

Betta: Redefining Online Sports

As part of her graduation project, Denisha has also meticulously curated an online sports engagement app called 'Betta' which redefines online sports by ensuring a safe, secure, and risk-free experience. Kudos to Denisha on her achievement!

UED

**User Experience Design
B.Des '24**



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Industry Guide:
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Sponsor: Confetti Design Studio

Betta : Redefining Online Sports

Engaging in sports has always been a unifying experience, bringing together fans, friends, and families. In today's digital age, the way we interact with sports is evolving. This project, aims to redefine online sports engagement by creating a secure, immersive, and community-centric platform. Users can participate using virtual coins instead of real money, ensuring a safe and enjoyable environment. BeBetta focuses on enhancing user interaction, fostering a vibrant community, and offering a seamless experience that connects sports enthusiasts in a dynamic and risk-free setting. This approach makes sports engagement accessible, exciting, and interactive for all.



KAASH CREATIVE CORNER

श्री कृष्ण

BY DIVYANSH MISHRA (K.G JOSHI OF ARTS & N.G BEDEKAR OF COMMERCE, THANE)

नंद के ओ लाल, मेरे कृष्ण ओ गोपाल, मेरे जनमे तो पग को पखारती हैं गंगा मई
अधरन से सुर-ताल सहेज दई और पागल कर दई तोरी ई बसुरिया,
लीला दिखाया तुमने गोपियों संग मेरो ओ कन्हैया,
राधा रानी सूद-बुद खोई बैठी देख तोरी अधरन के ई मंद मुस्कनिया।।

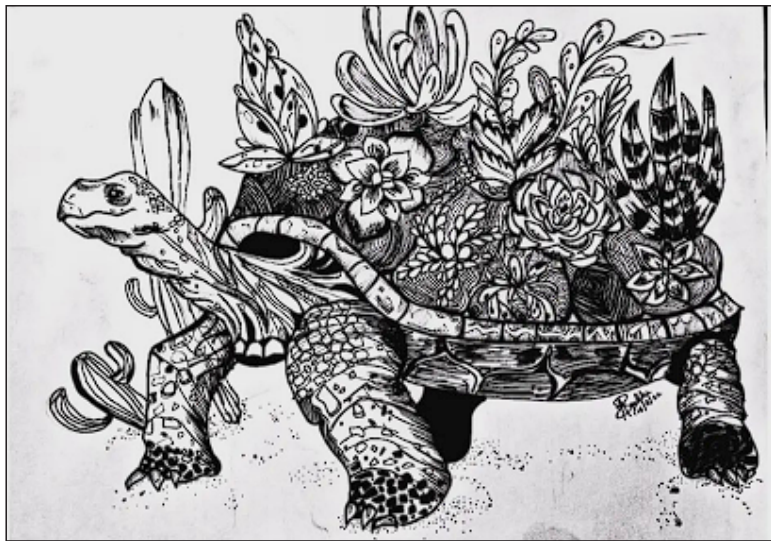
प्रेम में डूबे हर लाडले को कान्हा कह के पुकारती जहां हैं,
अर्धांगिनी थी रुक्मणि कान्हा की लेकिन राधा-कृष्ण को संग निहारती जहां हैं ,
गीता जैसा ज्ञान दे तो गीता को पढ़ती-पढ़ाती ये जहां हैं,
प्रेम की बात हो तो कृष्ण को प्रेम की निशानी बतलाती ये जहां हैं।।

दुनिया पुकारती है मेरे मधुसूदन को, मेरे मधुसूदन राधा राधा नाम गाते हैं,
द्वारिका से जब राधिका को मिलने गए कृष्ण-कान्हा भूल द्वारिकाधीश रह जाते हैं
मुठ्ठी भर चावल के दानों से जो ब्रम्हांड देने जाते हैं,
रुक्मणि हाथ थाम बोली मेरे माधव क्या ऐसे भी मित्रता निभाते हैं।।



EXPRESSIONIST SKETCHES

BY SOALIHA ANSARI



TO MY MAGNIFICENT STUDENTS: A TEACHER'S ODE

BY MRS. AKANSHA ROHAN THAKUR (ASST. PROF, B. K. BIRLA COLLEGE, KALYAN)

For a teacher, a student's growth and success are the greatest achievements.

I pray that God may drizzle your paths with enlightenment.

Social Distancing may disconnect us from outside world,
but perhaps that's what we all needed

A little time to introspect,
to know that one person, our own self.

Do not doubt your abilities,
Do not question your capacities,
Knowledge will be your greatest weapon,
And with patience and perseverance, you will make it happen

It may look like a darkest night, an endless one,
But with dawn, you shall make it bright, for you are the sun.
Trust your strength, harness your skills, and develop your spirituality,
But for the sake of Mankind, always remember humanity."

Remember, you have that Zeal, you have that SPIRIT,
Be ready my dear Students,
you can turn the direction of winds,
Because for a teacher, you all are MAGNIFICENT.

FINDING MY VOICE!

BY RANI RANA

We work very hard on a plant for a flower.
And when a baby girl is in her mother's womb,
one gets to hear a lot of bad things.
And every breath she takes one hour,
And blooms into a lovely flower".

When we know that flowering is about to come,
We water the plant.
But after hearing about baby girl we don't want.

As long as a flower is on the tree, it is very beautiful,
And that flower is also very colorful.
Parents educate their girls after hearing so much taunt,
But they do what their daughter wants.

When the flower comes, we pluck it for our needs.
And the girl's parents show her the right leads,
And some animals eat them for their needs.

SKETCH

BY NATASHA KAMBLE



AASAN HAI TO HAI!

BY AFSHA SHAH

Aasaan he tho hai!

Itne padhae karne k baad bhi kaam par purusho k barabar ka darja nai milna aur uss upmaan ko sahe lena,

Apne saari taklifo ko apne pariwaar sai chupa kar raha lena.

Aasaan he tho hai!

chota kapda phen kar bhar jaane mai hichkichana,

Kyuk hai khudko gandi nazro sai bachana.

Aasaan he tho hai!

Avadhi k dino mai sir, pair, pait na jaane kitna dard k saat din bhaar kaam karna

Par aaj bhi mahila adhikaar k liya padhta hai ladhna.

Aasaan he tho hai!

Raat ko aadmiyo k daar sai bhar nai jaa paana,

Chahe kitna bhi mahatvapoorn kaam hu "beta tum subha jaana".

Aasaan he tho hai!

Yaha mat jaao, wo mat karo saari zindagi ek pinjare ke chidiya ban k rahena,

Aur fir bhi logo k taane sunna.

Apne gharwalo k khushiyo k liya apne sapno ko tyaag dena,

Kya sach mai aasaan huta hai ek ladki ke zindagi jeena?

STARRY NIGHTS (ACRYLIC PAINTING)

BY JINISHA KOTI (TYLLB, K.C. LAW COLLEGE)



UPCOMING EVENTS



KAASH FOUNDATION MUMBAI

[Registered under Bombay Trust Act 1950 and NITI Aayog, Government of India.
Registration No: E-35343 (M). NGO Darpan Number: MH/2022/0328154]











**KAASH Foundation's
Centre for Academic and
Professional Development (CAPD)
and
Jiwaji University,
Gwalior, Madhya Pradesh
(NAAC Grade: A++)**

are organising the

**19th International Conference
on
India: A Synthesis of
Tradition and Modernity**



**Conference Dates: 17th &
18th October, 2024**

**Heritage Tour of Gwalior:
19th October, 2024**



**Jiwaji University, Gwalior,
Madhya Pradesh, India**

Our website: <https://www.kaashfoundation.org>

KAASH FOUNDATION MUMBAI

FIVE YEARS and still going strong!
(October 2019 - October 2024)

As KAASH Foundation is set to complete FIVE YEARS,
it announces the celebration of this milestone with its

FIFTH JUBILATION DAY

Date: 17th to 19th October 2024

Venue: Jiwaji University, Gwalior,
Madhya Pradesh, India

BIRTHDAY WISHES

Tirtha Samant
4th July



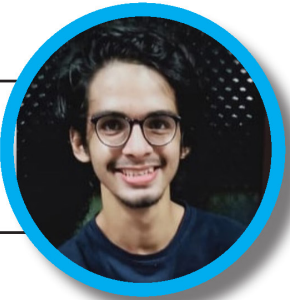
Madhu Ramasamy
20th July

Alkesh Shah
24th July



Bhumika Gohil
24th July

Krishna Bhandari
4th August



Shoumik Rahate
6th August

Vinita Bhatia
7th August



Kavita Pandey
11th August

Siona Salvi
13th August



Hetvi Parmar
17th August

BIRTHDAY WISHES

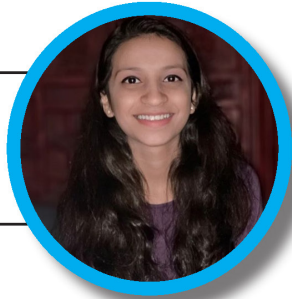
Shefali Shirmal
17th August



Raj Lama
19th August



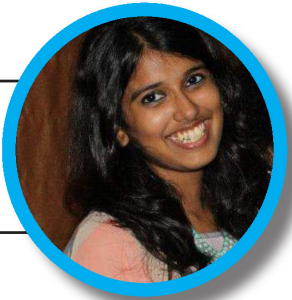
Aapulki Jadhav
22nd August



Megha Patel
24th August



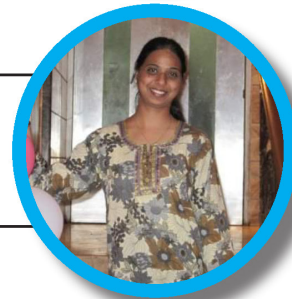
Ayushi Motiwalla
6th September



Nishikant Jha
15th September



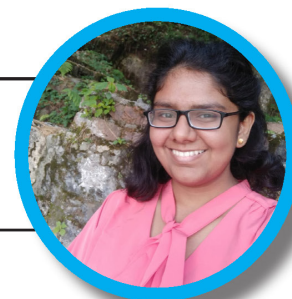
Seema Sindgikar
16th September



Meena Lama
19th September



Pamela Dhonde
23rd September



Rohan Hegde
29th September

